

MESSAGE FROM THE PRESIDENT

Dear Rotarians,

November has been a remarkable month of compassion, action, and impact for the Rotary Club of Delhi Southend Next. Together, we embodied the spirit of "Service Above Self" through meaningful events that addressed critical issues and inspired our community.

We kicked off with the vibrant participation of our Interact Club at the District Interact Clubs Fair, where our young champions showcased their dedication to service and leadership. Their enthusiasm is a testament to the bright future of Rotary.

Mid-month, our "Fashion for a Cause" event spotlighted the importance of cervical cancer vaccination. Through elegance and philanthropy, we not only raised awareness but also strengthened conversations around women's health. A heartfelt thanks to everyone who made the evening unforgettable.

Additionally, we hosted impactful sessions aimed at creating a healthier community. The Eye Awareness Program for underprivileged children emphasized vision care, while the enlightening talk on Wellness Amidst Pollution equipped participants with practical health tips for these challenging times. These events reiterated Rotary's commitment to empowering lives through knowledge and preventive care.

I extend my deepest gratitude to all members and volunteers for your tireless efforts in making these initiatives successful. Together, we are making a real difference and embodying the vision of "Building an Equal Tomorrow." Let us carry forward this momentum and continue our journey of service with renewed enthusiasm.

Yours in Rotary, An Mul Juel Gree

Suhel Goel President Rotary Club of Delhi Southend Next

KARUN ANSAL SECRETARY



INTERACT CLUB SHINES AT DILA

On November 5th, our vibrant Interact Club proudly participated in the Rotary District Interact Clubs Fair, showcasing their impactful projects and enthusiasm for service.

The event provided a platform for Interactors to connect, collaborate, and share ideas. Our club's booth highlighted initiatives that reflect our dedication to making a positive difference in the community. Members also took part in engaging activities, learning experiences, and fun interactions with fellow Interactors from across the district.

We are incredibly proud of their commitment and energy, proving once again that together, we can inspire change. Well done, Interactors!



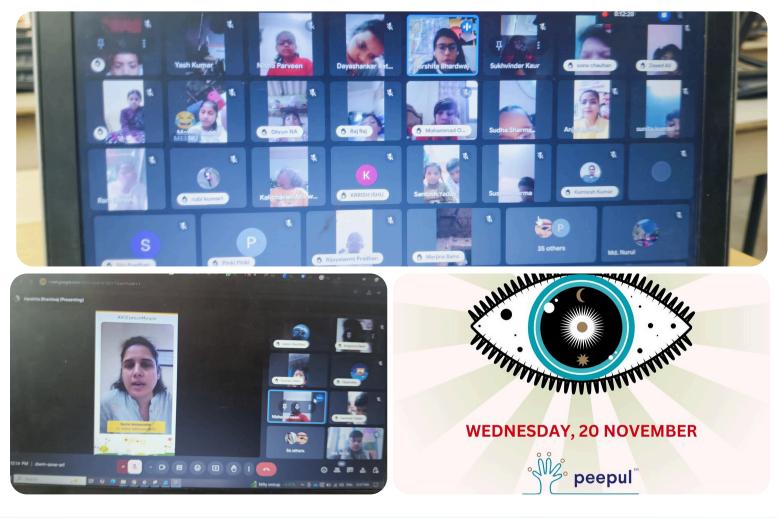
SUHEL GOEL PRESIDENT KARUN ANSAL SECRETARY



EYE AWARENESS SESSION

On November 20, the Rotary Club of Delhi Southend Next successfully hosted an Eye Awareness Program for underprivileged children, led by the esteemed Dr. Ankit Sabharwal. This insightful session, conducted via Zoom, aimed to educate children on the importance of eye health and the preventive measures they can adopt to safeguard their vision.

Dr. Sabharwal shared valuable tips on maintaining eye hygiene, identifying early signs of eye issues, and debunking myths about vision care. The interactive session also provided kids with the opportunity to ask questions and understand how they can prioritize their eye health. We extend our heartfelt gratitude to Dr. Sabharwal for his time and expertise, and to all participants for making this initiative a success. Together, we continue to work towards creating a healthier future for all.



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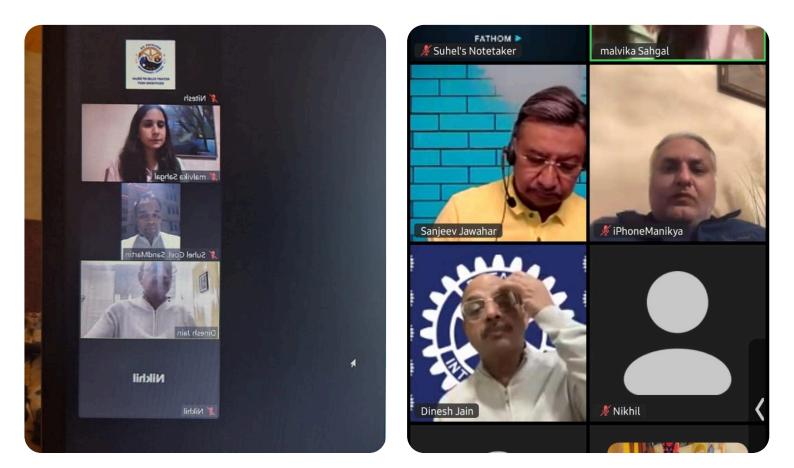


ONLINE SESSION ABOUT WELLNESS AMIDST POLLUTION

On 20th November, we had the privilege of hosting an enlightening online session by our very own member, Malvika Sehgal, on the pressing topic of "Wellness Amidst Pollution."

Malvika shared valuable insights on maintaining health and well-being in today's challenging environment. Her tips on healthy nutrition were a highlight, providing practical advice on how to strengthen immunity, detox naturally, and make mindful food choices to combat the effects of pollution.

The session left participants feeling empowered and better equipped to care for themselves and their loved ones. A big thank you to Malvika for sharing her expertise and passion for wellness! Let's continue to prioritize our health and support each other on this journey toward a healthier future.



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FASHION FOR A CAUSE COMMUNITY EVENT

On November 15th, Southend Next hosted an inspiring Fashion for a Cause event to raise awareness about cervical cancer vaccination. The evening was a blend of elegance, purpose, and philanthropy, as our members graced the ramp in stunning designer outfits, embodying the spirit of compassion and advocacy.

With each stride, we aimed to highlight the importance of prevention through vaccination and early detection. The event not only celebrated fashion but also fueled meaningful conversations about safeguarding women's health.

A heartfelt thank you to our talented members and attendees who made this evening unforgettable. Together, we are taking steps—on and off the ramp—toward a healthier future.





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ROTARY CLUB OF DELHI SOUTHEND NEXT

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December Events

MARK YOUR CALENDER



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